

## Goblin Mode

As you read this, look around. Are you still in bed? Are there clothes, socks, food boxes, and trash on your bedroom floor? Have you, during the past year, felt "too much" by everything that you decided to just stop trying? Do you not even care about things around you or even about yourself? If so, you might be in "goblin mode"- the words is chosen by the public as the 2022 Oxford Dictionary Word of the Year.

### WHAT DOES IT MEAN?

According to The Oxford University Press(OUP), "goblin mode", a type of lifestyle which is lazy, careless, messy, or greedy, is a way that doesn't meet social expectations. While social media always show others' "perfect" side of life, "goblin mode" shows the parts of life that aren't perfect. These habits have become popular with many people during Covid and working from home. Someone might be in "goblin mode" in life, but not at work.



For many of us, this is the first time to hear "goblin mode." In fact, goblins first appeared in fantasy stories. They are used as names for evil spirits which are usually small and ugly, with long pointy ears and green bodies. Goblins are not the main bad characters in stories, so they won't lead the story. That's why "goblin mode" doesn't really mean you do something evil. Instead, you are just lazy and don't want to do things actively.

### IS IT WRONG?

Since Covid almost passed, people want to stay comfortable and don't want to spend energy acting perfectly on social media. A new social media BeReal has become popular where users can post whatever they are doing without making it nice. Goodbye, fake social life. Hello, goblin mode.



messy 雜亂的 greedy 貪婪的 fantasy 奇幻; 想像 evil spirits 惡靈